

Introduction to NLP

Aim of the Workshop

This workshop will explain the techniques involved in Neuro Linguistic Programming (NLP). It will explain the concepts behind NLP and the study of excellence in communication. This event will show you how to use some of the techniques used in NLP to enhance your communication skills. It will also explain how these techniques can be used in a range of business settings. Those people who can use NLP skills effectively will see a significant improvement in all areas of their business activities.

Workshop objectives

At the end of this workshop those attending will be able to:

- Explain the history and development of NLP
- Understand the meaning of Excellence in communication
- Use enhanced rapport and communication skills
- Tap into and use their own inner resources of excellence

Workshop Content

- The history of NLP
- Understanding excellence in communication
- Rapport, matching and leading
- Accessing inner strength
- The importance of reading eye signals
- Well formed goal setting

Workshop attendees

This workshop is suitable for anybody who wants to understand more about the science of NLP and who would like to try some of the techniques used to bring about lasting change in themselves and others.

Workshop duration

This workshop is of 1-days duration

Workshop fee

£147 per person includes course manual

For more information contact us at info@the-complete-training-company.co.uk