

NLP – The Power to Change

Aim of the Workshop

The NLP – Power to Change workshop is an interactive Workshop designed to help both businesses and individuals to understand some of the main concepts on Neuro Linguistic Programming (NLP). The workshop will show you how to use some of the main NLP techniques to develop both your personal and professional life by using a range of powerful, practical and effective life changing skills. This course will help you to develop and enhance your self confidence, self esteem, improve your assertiveness and set clear realistic achievable goals. One of the biggest areas of improvement will be to help you to communicate with all types of people with ease. Understand how using NLP can boost your business, increase your sales and create the future you want

Workshop objectives

At the end of this workshop those attending will be able to:

- Explain the history and development of NLP
- Understand the meaning of Excellence in communication
- Use enhanced rapport and communication skills
- Set achievable compelling goals
- Describe the core principles of NLP

Workshop Content

- History & Presuppositions of NLP
- How the brain works and our unconscious mind
- Our personal maps of the world
- Enhancing your communication skills
- Our representational system
- How to build rapport and minimise conflict
- Building and developing relationships
- Recognising and using language patterns
- Setting well formed outcomes

Who should attend

This workshop is suitable for anybody who wants to improve their personal and business success and to learn a set of skills and techniques that will enhance their level of communication and change their future.

Workshop duration

This workshop is of 2-days duration

Workshop fee

£287 per person includes course manual

For more information contact us at info@the-complete-training-company.co.uk